



# PE Update



17th September 2021

## Welcome to PE

Hello everyone,

I am excited to formally welcome all students back to some normality in PE! We have an exciting academic year ahead where the PE Department are able to run a full curriculum and offer a full extra-curricular timetable including lots of fixtures in multiple sports. Please keep an eye out for the extra-curricular clubs on the PE Department notice board and PE staff will communicate school sport fixtures through these clubs. Our PE extra-curricular clubs this week have seen fantastic attendance with over 80 boys for football on Tuesday and over 30 girls for football on Thursday, so please keep that up!

Mr Williams

Head of PE

## Expectations on Kit

- MNS Polo
- MNS Hoody (optional)
- MNS Navy Blue Shorts/Skorts or navy blue sports leggings/navy blue sports bottoms
- Navy blue long socks/shinpads (needed at various points throughout school life).

On the rare occasion a student does not have the correct PE uniform, they will receive a detention and their uniform card will be signed, as per school policy. Should there be a genuine reason for missing and/or incorrect PE uniform please provide your child with a signed note from yourselves (parent/guardian) to explain the issue and (if applicable) when new PE uniform will be purchased. If a student does not have a note, this will result in a detention and a uniform card signing.

## Student Injury

Should a student have an injury that would stop their practical participation in PE lessons, they are still expected to bring PE uniform and get changed. This is because they will be asked to take a leadership and/or officiating role during the lesson to continue their learning. The only time this would not be appropriate is if a student would struggle to get changed eg: wearing a medical boot for a serious foot/ankle injury. On any occasion of injury, please provide your child with a signed note from yourselves (parent/guardian) to explain the situation. Please make reference to a return date and if applicable any medical information can be passed on to the PE member of staff or the relevant Head of Year/ Student Manager.

## Valuables

Boxes will be offered to all students to place valuable items in such as phones/wallets/keys. Members of staff will actively encourage the use of these boxes as they will be locked away during the PE lesson. It is worth noting, neither the PE department nor the school can accept responsibility for any valuables which are subsequently misplaced or lost, if they were not placed in the 'valuables box'.

Staff

**8**  
YEARS



**WILLIAMS**  
HEAD OF DEPARTMENT

<b>FAVOURITE SPORTS</b> HOCKEY/ RUGBY/ TRIATHLON/ MOTOR X/ TABLE TENNIS	<b>ROLE MODELS</b> JOHNNY WILKINSON/ CARL FOGARTY/ THIERRY HENRY
<b>QUALIFICATIONS</b> BSC (HONS) IN SPORTS COACHING	<b>FAVOURITE SPORTING MOMENT</b> GETTING MY UNIVERSITY COLOURS

**9**  
YEARS



**MURPHY**  
SECOND IN DEPARTMENT

<b>FAVOURITE SPORTS</b> HOCKEY/ GYMNASTICS/ BASKETBALL/ NETBALL/ ROUNDERS	<b>ROLE MODELS</b> OLGA KOR BUT/ JANE SIXSMITH/ NADIA COMANECI
<b>QUALIFICATIONS</b> B.ED (HONS) IN MOVEMENT STUDIES AND SCIENCE	<b>FAVOURITE SPORTING MOMENT</b> RUNNERS-UP IN THE LONDON YOUTH GAMES FOR HOCKEY

**11**  
YEARS



**BENNETT**  
HEAD OF YEAR 8

<b>FAVOURITE SPORTS</b> BOXING/ ATHLETICS/ GYMNASTICS/ NETBALL/ RUGBY	<b>ROLE MODELS</b> JESSICA ENNIS-HILL/ DAVID BECKHAM/ MOHAMMAD ALI
<b>QUALIFICATIONS</b> BA (HONS) IN SPORT & LEISURE MANAGEMENT MED EDUCATIONAL LEADERSHIP	<b>FAVOURITE SPORTING MOMENT</b> GOING TO BLACKPOOL FOR NATIONAL DANCE COMPETITION

**8**  
YEARS



**CHIRNSIDE**  
HEAD OF YEAR 9

<b>FAVOURITE SPORTS</b> FOOTBALL/ FORMULA 1/ ATHLETICS/ TCHOUKBALL/ SHOW-JUMPING	<b>ROLE MODELS</b> LEWIS HAMILTON/ THIERRY HENRY/ ROGER FEDERER
<b>QUALIFICATIONS</b> BA (HONS) IN PHYSICAL EDUCATION & SPORTS SCIENCE	<b>FAVOURITE SPORTING MOMENT</b> WATCHING BARCELONA LIVE AT CAMP NOU AND MESSI SCORING A HAT-TRICK

**1**  
YEAR



**McCONNEL**

<b>FAVOURITE SPORTS</b> CRICKET/ GOLF/ FOOTBALL/ TENNIS/ DANCE 'BALLET & SALSA'	<b>ROLE MODELS</b> JOE ROOT/ STEVEN GERRARD/ JIMMY ANDERSON
<b>QUALIFICATIONS</b> BA (HONS) IN SPORTS DEVELOPMENT & COACHING	<b>FAVOURITE SPORTING MOMENT</b> ENGLAND WINNING THE CRICKET WORLD CUP IN 2019

# Staff

**4**  
YEARS



**ROOKARD**  
SENIOR KENT SCHOOLS GAMES ORGANISER

**FAVOURITE SPORTS**  
RUGBY/ HOCKEY/ SWIMMING/  
KAYAKING/ CURLING

**ROLE MODELS**  
KELLY SMITH/ MARCUS RASHFORD/  
FATIMA WHITBREAD

**QUALIFICATIONS**  
BA (HONS) IN SPORT & EXERCISE  
SCIENCE

**FAVOURITE SPORTING  
MOMENT**  
ENGLAND MEN AND WOMAN WINNING  
THE R.W.C IN 2003 & 2014



**5**  
YEARS



**BIRCHALL**  
HEAD OF YEAR 7

**FAVOURITE SPORTS**  
FOOTBALL/ BADMINTON/ HANDBALL/  
AMERICAN FOOTBALL/ VOLLEYBALL

**ROLE MODELS**  
JURGEN KLOPP/ LIAM BRADY/  
ANDY RODDICK

**QUALIFICATIONS**  
BA (HONS) IN PHYSICAL EDUCATION &  
SPORTS SCIENCE

**FAVOURITE SPORTING  
MOMENT**  
LIVERPOOL LIFTING THE PREMIER  
LEAGUE TROPHY IN 2020



**24**  
YEARS



**DAY**

**FAVOURITE SPORTS**  
HOCKEY/ FOOTBALL/ ATHLETICS/  
CRICKET/ RUGBY

**ROLE MODELS**  
VAL ROBINSON/ DAVID GOWER/  
EMELYN HUGHES

**QUALIFICATIONS**  
B.ED (HONS) IN PHYSICAL EDUCATION

**FAVOURITE SPORTING  
MOMENT**  
IPSWICH WINNING THE FA CUP IN 78'  
PLAYING FOR BRITISH STUDENTS



**13**  
YEARS



**CHAPMAN**  
HEAD OF YEAR 11

**FAVOURITE SPORTS**  
FOOTBALL/ BADMINTON/ TENNIS/  
TABLE TENNIS/ CYCLING

**ROLE MODELS**  
IAN WRIGHT/ NICK FALDO/  
ANDRE AGASSI

**QUALIFICATIONS**  
BSC (HONS) IN SPORTS SCIENCE

**FAVOURITE SPORTING  
MOMENT**  
ARSENAL WINNING THE DOUBLE IN  
1998/99 & 2001/02



## Clubs and Fixtures

### Extra-Curricular Sports Clubs – Term 1

Day	Activity	Venue
Monday	Week 1: Year 11 Girls Leadership	SH
Tuesday	Week 1: Boys Football (Years 9-11)	Grass/3G
Wednesday		
Thursday	Girls Football (all years)	Grass/3G

- Clubs will start during the week beginning Monday 13<sup>th</sup> Sept.
- There is no requirement to sign up for clubs in advance.
- The changing rooms are back in use, so students will need to bring in Maplesden PE kit on the day of their club to change in to.
- Students should go directly to the changing rooms in PE block to change on their respective day, at the end of school.
- Clubs will finish at 4.10pm

The 3G is currently being resurfaced, so until this is made available, football will take place on the field.

## Sporting Achievements

The PE Update looks forward to receiving emails about students' successes in a variety of sports outside of school. Please email [generalenquiries@maplesden.kent.sch.uk](mailto:generalenquiries@maplesden.kent.sch.uk) marked FAO the PE department so that we can share your child's sporting success. Please remember to include any photos that can be used in the Update.

Next week's PE Update will share some staff sporting successes.