

BTEC Dance Terminology

Action

Accompaniment

Alignment

Arabesque

Balance

Choreography

Coordination

Contraction

Dynamics

Emphasis

Elevation

Extension

Expressive skills

Facial expression

Flexibility

Focus

Improvisation

Interpretation

Isolation

Levels

Movement memory

Musicality

Posture

Projection

Repetition

Rhythmic awareness

Relationships

Rebound

Rotation

Spatial awareness

Space

Strength

Stamina

Stimulus

Style

Suspension

Technique

Timing

Use of breath

Use of gravity