



How can parents help?

High Performance Learning at
The Maplesden Noakes School

Advanced Cognitive Performance characteristics (ACPs) and Values, Attitudes and Attributes (VAAs)



Parents can help
children to
develop their
thinking:

By stimulating **metacognition** (thinking about how you think). Try using these questions:

How do you know you are on track?

Have you used any strategies before which might help you now?

Can you tell me why you were successful on that task?

How could you break the task into smaller chunks?

Parents can help
children to
develop their
thinking:

By stimulating skills in **linking** – try
asking these questions:

Where have you seen this sort of thing
before?

How might someone else see this
differently?

Is there a bigger picture here?

Do your other subjects help here?

Parents can help
children to
develop their
thinking:

By stimulating **analysing and critical thinking**. Try using these questions:

Why do you think that happened?

How could you work this out?

Could you explain that to me?

Parents can help children to develop their thinking:

By stimulating skills in **creative thinking** – try asking these questions:

What would happen if...?

Is there a different way of looking at this?

Parents can help
children to
develop their
thinking:

By encouraging young people to be
curious. Try using these questions:

What if...?

I wonder if...?

I wonder how...?

Parents can help
children to
develop their
thinking:

By encouraging **resilience** – try asking
these questions:

This is hard but you can do this if you
keep trying?

Don't panic. What do you know
already that could help you here?

You can't expect to always understand
something new the first time around.

Parents can help
children to
develop their
behaviour:

By encouraging them to be **open-minded
and risk-taking**. Try using these questions:

Is there another / a better way of
doing this?

What is the worst that could happen?

Look at what we have now. Can you
take it one stage further?

Parents can help children to develop their behaviour:

By encouraging **team-work** - try asking these questions:

Would working with a partner help you ?

Are you able to explain this to me?

Parents can help
children to
develop their
behaviour:

By encouraging them to be **empathetic**. Try
using these questions:

How might people from a different
culture see this?

What would you say to someone who
disagreed with you about this?

That person is struggling with a
problem – how can you help them?

Parents can help children to develop their behaviour:

By encouraging **practice** - try asking these questions:

You have put in lots of effort and you're really good at this now. What is your next step?

Don't worry if you're not successful at first – have another go at it.

Parents can help
children to
develop their
behaviour:

By encouraging them to be **confident**. Try
using these questions:

That is an interesting idea. Can you
explain it to me in more detail?

I would never have thought of that –
well done!