

A level PE Sport in Society



Key questions to consider whilst watching:

What does the term amateur and professional mean?

Do you think that it is right that athletes should play sport for money or does it detract from the love of sport?

Why does the issue of class and the issue of amateurism/ professionalism link so heavily? Think about availability of time, money and transport.

Why were factory owners (the newly established middle class) important for creating professional athletes?

A level PE Psychology

Does your personality effect what sports you like?

Personality tests have long been used in the sporting world to determine which personality category athletes fall into, heavily influencing their training methods.

Take this personality test to see whether you're more of an introvert or extrovert:

<https://ideas.ted.com/quiz-are-you-an-extrovert-introvert-or-ambivert/>

An extrovert is someone who seeks social situations and likes excitement but lacks concentration. What sports do you think they would be more suited to? Discuss why.

An introvert is a person who does not seek social situations but likes peace and quiet and is good at concentrating. What sports do you think they would be more suited to? Discuss why.

Do you think the presence of an audience would have a greater negative effect on an introvert or extrovert? Discuss what the effects of this might be.

Watch this YouTube clip on personality in sport:

<https://www.youtube.com/watch?v=NINn2-D7eZw>

Sport Psychology Podcast:

https://toppodcast.com/podcast_feeds/the-sport-psych-show/